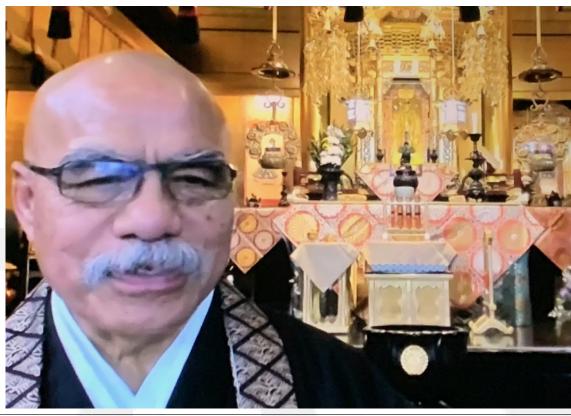
*GATEWAY

October-November 2021 - - Vol. LVI No. 6



Rimban William Briones, a dear friend of West Covina Buddhist Temple, was a guest speaker at our recent Ohigan Service. After his Ohigan message, he shared his personal heartfelt memories of his mother and the meaning of Nenbutsu.



"Pro-life" AND "Pro-choice"

Rev. Nobuko Miyoshi

On September 1, 2021, the state of Texas enacted a new restrictive abortion law that bans abortions after six weeks of pregnancy. This law is nearly a complete ban on abortion in Texas and the first law which allows private citizens to sue for \$10,000 against to anyone who provides, aids, or abets an abortion. As soon as the new law was enacted, fierce controversy was generated throughout the nation.

The debate of abortion continues to divide the nation between the "pro-life," who oppose abortion, and "pro-choice," those who believe that everyone has the fundamental human right to decide whether or not to have a child. This issue was also brought up in our sangha, and we have discussed what the Buddhist

perspective on the issue is.

Buddhism clearly says that we should not use the teachings to justify us to accuse or punish someone. Keeping precepts is for self-discipline, not for blaming someone who does not or cannot keep them.

Among the five precepts, which are the common rules of conduct to all Buddhists, there is "Refrain from taking life." Abortion does violate this precept. However, the precept should not be used simply to prohibit abortion. What this precept reveals to us is that in reality we are only able to sustain our lives by taking other life. The more we rigidly keep the precept, the more we come to realize that it is impossible to refrain from taking life.

Buddhism respects the life of

all sentient beings. This includes cows, birds, fish and even includes vegetables, weeds, bugs, worms and microbes. If we want to stop taking any of these lives completely, we can no longer eat, drive, walk or even breathe. Obviously, we cannot survive, and this ends up taking our own life. In the light of the precept, women who have an abortion are not the only ones who break it, but we all do. "Refrain from taking life" tells us not to take it for granted that we take other lives even though that is the only way for us to survive. Numerous lives support us to sustain our lives. When we are genuinely aware of the reality, a profound appreciation for all beings emerges within us. And it leads us to a sense of respon-

Please see PRO-, con't on page 4



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What Is Suffering?

Yukiko Kovacs

I remember a long-time member of Higashi saying in a discussion group, that he never before realized what the word suffering meant. He had previously thought that it was physical pain or living in poverty, and had come to realize that it is a more prevalent thing. Suffering is universal. It affects everyone, no matter how young or old a person is.

Buddha stated that life is suffering or full of suffering. He wanted to help people to stop their own suffering.

So, what is suffering? Are you afraid that you are going to get sick? Are you worried that your child will fail at something? Are you sad because a loved one has died? Are you angry that you didn't get a promotion? Are you greedy and want more and more? Are you blaming someone else for your misery? Are you a bonbu?

If a person can escape from his own attitude, enlightenment is possible.

Different people can go through the exact same experience and yet have very different attitudes about it. Some people are capable of taking a terrible thing and using it to better their lives, while others can take that same experience to become angry and hateful.

Sometimes a very small slight can fester in someone and make them suffer greatly. This is why one shouldn't be judgmental. There is no way for someone to fully understand someone else who comes from a different background. Everyone is doing what he/she thinks is right; right for himself/herself.

Buddha stated that you create your own suffering. The Dharma can help you stop your own suffering. You must help yourself before you can help others.

DHARMA SCHOOL NEWS

Happy October Dharma School Students! How are you doing in school? The Dharma School Staff hopes that you are having a good year.



This is the month of ghosts, witches, and bats. In other words, it's time to celebrate Halloween! Did you know that it is thought that Halloween has been observed for over two thousand years? It began in Ireland at the end of the year's harvest. After all the hard work in the fields, people gathered before the coming winter to celebrate with food and games. People thought that the long winter nights brought all kinds of unearthly (and some scary) creatures out of the ground.

By the late 1800s, Halloween started to be observed in the United States. Dressing in costumes, carving pumpkins, and receiving candy became our traditions.

When I was a teacher and a club sponsor, we had several fund raisers to make money for our activities. Halloween was one of our fund raisers. One year the students and I made a treat that looked like the hand of a skeleton.

The following is how we made the hand: Maybe you can make one too! We filled a clear, disposable food-handling glove with popcorn. At the end of each finger we placed a candy corn. The popcorn looked like finger and hand bones and the candy corns were the finger nails. Attaching spider rings on the fingers made the hand even scarier. This was a fun project

for the students, and we sold out!

Keep safe and have a fun Halloween!

Gassho, Claire Hansen

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T E M P L E N E W S

Sunday Services

All Sunday services will be conducted via Zoom until further notice. Look for an email from Rev. Miyoshi or Rev. Fred inviting you to the services with the Zoom meeting ID and Password. If you have not received an email from them, please contact the temple wcbt.livingdharma@gmail.com. The attendance for the services are growing every week and it's such a pleasure to see all the familiar faces so please join us!

Discussion Class

The weekly discussion class will be every Thursday at 10 am via Zoom. There is a different topic of discussion each week and a lively dialogue with a growing number of participants. Look for the email invitation with meeting ID and password or contact Rev. Miyoshi for the information.

Study Class

A new evening Study Class is held every second and fourth Tuesday of the month at 6:00pm and we invite those who are unable to attend the morning Discussion Class to join us. The Study Class focuses on the history and teaching of Jodo Shinshu . If you are interested in purchasing "The Teaching of Jodo Shinshu and the History of the Honganji Community" book which will be used as reference, please contact Rev. Miyoshi.

Halloween

WCBT's Halloween Service will be on October 31 and if you're in the spooky spirit, we invite you to surprise us dressed as your finest and most creative Zoom characters! Lets see who we'll be able to identify only by looking at their screen names.

Kiku Craft & Food Fair

Unfortunately Kiku Craft & Food Fair will be postponed for another year but will return in 2022.

Ho-onko

Our Ho-onko Service (a memorial service for Shinran Shonin) will be held on Sunday, November 21 at 4:00 pm. Our special guest speaker will be Bishop Noriaki Ito from North America District. Please join us as we welcome Rinban Ito for this special Zoom service.



*If you have not received emails from the temple, please send your email address to us (wcbt.living-dharma@gmail.com). We will send you invitations to services and updated information.
Thank you.

NOVEMBER BIRTHDAY

Travis Hamachi, Erika Haraguchi Haines, Kyle Sato, Brandon Kanemaru, Jennifer Higa, Michelle Harrison, Jill Kato, Jean Nakatani, Hiroko Takemoto, Wesley Kawaguchi, Frank Tanji, Andrew Kochi, Lauren Oshiro, Lynette Godoy, Kaylyn Godoy, Kaz Uyechi, Shinuki Okamura, Metzli Ortiz, Brian Endo, Sany Nafarrete, Jordan Jucksch, Thomas Le, Kaylyn Godoy

GATEWAY Staff

Layout & Editing: Rev. Nobuko Miyoshi, Hisako Koga, Claudia Haraguchi, Richard Kagawa

Contributors: Claire Hansen, Michael Jitosho, Joanie Martinez, Phillip Underwood

Circulation: Rev. Fred Brenion, Joy Kitaura

West Covina Buddhist Temple Mission Statement:

In the spirit of universal brotherhood, West Covina Buddhist Temple provides the opportunity for all to listen to and share the Teachings of the Buddha in order that we may awaken to our true selves, living our lives fully and dynamically.

The Temple's mailing address is:
West Covina Buddhist Temple
P. O. Box 1616
West Covina, CA 91793
(626) 689-1040

Website: www.livingdharma.org Facebook: facebook.com/westcovinabuddhisttemple

E-Mail: wcbt.livingdharma@gmail.com



OCTOBER BIRTHDAY

Ethan Ezaki, Kelly Yamashita, Sachi Ena, Traci Takemura, Glenn Nakatani, Diane Hata, Jane Earley, Kimio Earley, Miyo Takahashi, Erik Akuna, Melissa Kozono, Lauren Yanase, Mitsue Oshita, Yukiko Kovacs, Yukiko Tsuruda, Tewlyn R. Underwood, Koa DeLeon, Chase Logue, Darren Godoy, Linda Nafarrete, Amelie Kagawa



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PRO-, con't from pg. 1 sibility to our own lives not to waste their sacrifice. This is the meaning of pro-life in Buddhism.

In our discussion class, one of our members also commented on the term "pro-life." She said, "It will cause a problem if we restrict the meaning of pro-life only to anti-abortion. We all have received life and live our lives. Pro-life should mean respecting all lives. Women who had to choose abortion also have their lives. Supporting their lives can also be a pro-life stance." Her comment is clearly worth considering.

No woman has an abortion happily or casually. This is for sure. We should not neglect this when we discuss the issue. Focusing too much on judging an abortion, we often ignore the mother's pain.

Buddhism understands that every woman has different circumstances. Therefore, Buddhism avoids making a sweeping judgment about whether abortion is right or wrong. Instead of blaming women who decide to have an abortion, Buddhism asks us to listen to them, suffer with them, and support them as they struggle to make this critical choice.

Buddhism also allows us freedom of choice. "Think well, decide on your action, and take responsibility for your choice"—this is the meaning of pro-choice in Buddhism. Śākyamuni Buddha once said, "Do not believe in anything simply because it is found written in your religious books. So not believe in anything merely on the authority of your teachers and elders." In his last words to his disciples, he also said, "Make of yourself a light. Rely upon yourself; do not depend upon anyone else. Make my teachings your light. Rely upon them." The Buddhist teachings help us how to perceive ourselves and things that happen to us. On the other hand, Buddhism does not demand blind faith, for it

does not tell us what to do or what not to do. We cannot place responsibility for our own lives upon anyone, even the Buddha. Every time we face challenges, Buddhism encourages us to think and act for ourselves.

That being said, because we are unenlightened beings, our decision may not always be right. We sometimes commit a harmful act controlled by our anger and hatred. Our enthusiasm and devotion could lead us to a terrible mistake. No matter how sincere we hope that our decision can bring about good results to our family and friends, sometimes it does not work as expected. Often time in these cases, we try to dodge responsibility by shifting the blame to someone else. On the other hand, Buddhism does not blame us for making mistakes. Instead of requiring us to choose the right thing, it urges us to accept the consequences brought about by our choice.

If someone asks, "Is Buddhism pro-life or pro-choice?" Buddhism may not have the answer to the question. The question is inadequate because the definitions of both prolife and pro-choice are not exclusively limited to the issue of abortion but to

a much broader topic. Therefore, we can say that Buddhism is pro-life *and* pro-choice; it takes both sides.



(「Pro-」9頁からの続き)

ないでしょうか。

"pro-life"と"pro-choice"が共存する立場に立っているのが仏教の教えではないかと感じています。



pixta.jp - 7929319

Quote of the Month It's not happiness that brings us gratitude. It's gratitude that brings us happiness.
-anonymous

amazon smile You shop. Amazon gives.

The Temple has registered with the AmazonSmile donation program. For those of you who shop online with Amazon, the AmazonSmile foundation will donate 0.5% of your purchase price to the Temple, at no cost to you. You just need to login to "smile.amazon.com" which will connect you to the same Amazon website you know. It will display the same products, same prices, and same service. On your first visit select 'West Covina Higashi Honganji Buddhist Temple' as the organization that you wish to support. It's that easy.

Happy shopping!

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$T \quad H \quad E \qquad G \quad A \quad T \quad E \quad W \quad A \quad Y$

Please Support the WCBT Membership!

Dear Sangha, Family & Friends,

As I write this, we are already into September. Time flies even during a pandemic, it seems. I hope you and your loved ones are well and keeping safe from all that is going on right now.

Thank you to those who have already sent in their membership dues for the 2021 year. We also express our appreciation to all of you whose donations have helped keep WCBT independent and running. It has all contributed to counter the revenue lost from the cancelled fundraisers due to the pandemic. *This is a gentle reminder for those who would like to be part of the WCBT sangha membership for this 2021 year*. Compared to other temples, we have kept our dues low, trying to keep it reasonable and affordable. It is \$125/couple/family; \$100 for a single. We appreciate your support.

Finally, I would like to encourage everyone to join via Zoom, not only our weekly Sunday services, but also the classes and discussions being offered Thursday morning @ 10 a.m. and every second and fourth Tuesday evening @ 6 pm. For those that work during the day, please consider this evening option. Rev. Miyoshi is an awesome teacher who instructs and guides us into very friendly, stimulating, thought-provoking discussions. We have warmly connected with friends/family and even former sangha members who have moved to other parts of the country. "The gates of Dharma are manifold," please enter one and join us. We would love to see you.

With Gassho, Johnny Martinez, President

2021 MEMBERSHIP

The following is a list of our paid 2021 members as of August 31, 2021. In the case of an inadvertent omission, please contact Rev. Miyoshi. Those listed below have already paid their 2021 membership dues. If you are not listed and would like to become a member, please use the application on page 7.

Mrs. Ariza, Sally
M/M Arnheim, Bruce
Mrs. Chen, Mei-Ling
Mr. Di Santo, Robert
M/M Earley, Jane & Jerry
M/M Ena, Yoshitaka
M/M Ezaki, Leroy

Ms. Ezaki, Sachi & Mr. De Leon, James

Mr. Fujimoto, Glen
M/M Godoy, Jose
M/M Hamachi, Ted
Ms. Hamada, Sumiyo
Mrs. Hansen, Claire
M/M Haraguchi, Richard
Mr. Hatakeyama, Kris
Mrs. Horie, Mae
Mrs. Ikehara, Hideko
Ms. Ikehara-Nelson, Reiko
M/M Iwama, Danny

M/M Jucksch, Randall M/M Kagawa, Richard M/M Kamimura, Akitoshi

Ms. Kato, Tanya

Mr. Kato, Ted
Mr. Kinjo, Katsuhide
Mr. Kirk, Robert
Ms. Kitaura, Joy
Mr. Kobayashi, Joe
M/M Kodama, Takashi
Ms. Kovacs, Yukiko
M/M Kozono, Samuel
M/M Maekawa, Raymond
M/M Martinez, Johnny
Ms. Mayeda, Haruko
Ms. Mita, Susan

M/M Miyashiro, Marc-Mitchell

M/M Murakami, Akira

(Supporting Membership)

Mr. Nakahara, Thomas M/M Nakakihara, Toyomi Mr. Nakasone, Eddie

Ms. Nishihara, Lillian & Mr. Yamasaki, Ronald

Mrs. Oda, Akiko M/M Ogino, Martin Mr. Okamura, Tatsuo Ms. Oku, Michiko M/M Ormseth, Tor Mr. Ortiz, Manuel Mr. Oshima, Larry M/M Oshita, Mitsuru M/M Sakaue, Masato Mrs. Sakaue, Satsue M/M Sato, Ken

Mrs. Shirota, Barbara Mrs. Sommers, Jane M/M Taguchi, Joe M/M Takemoto, Takashi Dr/M Takemura, Roy Ms. Takemura, Vickie Mr. Tanji, Frank T. M/M Tawatari, Toshio M/M Teragawa, David Mr. Underwood Phillip Ms. Uyechi, Kazumi M/M Wear, Jack M/M Wexler, Allan M/M Yamashita, Bob

T H E G A T E W A Y





HW



Online Donations

Online donations continue to be accepted at the Living Dharma website at https://livingdharma. org/index.php/ donations/. You can use PayPal, credit and debit cards to make donations to the temple with a few simple clicks. Checks are still and always accepted as well.

2021 MEMBERSHIP APPLICATION

FAMILY MEMBERSHIP	(家族護持会費)	\$ 125 (New / Renewal)							
SINGLE MEMBERSHIP	(個人護持会費)	\$ 100 (New / Renewal)							
SUPPORTING MEMBERSHIP	(賛助護持会費)	\$ (New / Renewal)							
NAME:(名前)		Birth Month							
Husband/Wife:(夫•妻)		Birth Month							
Children:(子供)		Birth Month(s)							
ADDRESS:(住所)									
CITY, STATE, ZIP CODE:									
TELEPHONE #:(電話番号)()	E-Mail:							
*Would you like to receive the "Gateway" and other announcements by E-Mail instead of mail? (Yes / No)									

*Please make your check payable to <u>WEST COVINA HH BUDDHIST TEMPLE</u>



HE G E \overline{W} Y A

WEST COVINA Higashi Honganji

September 24, 2021

Dear Members and Friends,

The West Covina Buddhist Temple and its Board of Directors cordially invite you to attend the Hoonko Service which will be held on Sunday, November 21, 2021 via Zoom. The information for the service is as follows:

> Sunday, November 21, 2021 Date:

Time: 4:00 P.M. (via Zoom) Bishop Noriaki Ito Dharma Message:

(Higashi Honganji North America District)

Meeting ID: 837 5592 6284

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話

Passcode: 894850

Hoonko is the annual memorial service of the founder of Jodo Shinshu, Shinran Shonin. Shinran lived from 1173-1262 and devoted his life to studying and sharing the teaching of Nembutsu. On this occasion we gather to express our appreciation to Shinran Shonin.

Gassho,

Rev. Nobuko Miyoshi Johnny Martinez, President **Board of Directors**

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理事長

マルチネス 見義信香 で法要にお参りください 前述の予定となっております。

どうぞご家族お

ティング ID 865 3424 0194 見義信香師 979535 揃

月四

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午後七時(Zoom にて)

記

要を併 会におきまして日本語報 機会とされ 親鸞聖人のご命日 囚がりに ては無 せてオンライ てま 事に 0 季節 お過ごし りまし がやっ スの 法要で私どもの てまい てお勤 恩講法要並 のことと存じます。 りまし 信仰生活を見直 は 左記の 皆さまにおか S. た。 報恩講 月祥月法 如 さて今 法話 n



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"pro-life" と "pro-choice" 見義信香

アメリカ南部テキサス州で9月1日に人工妊娠中絶をほぼ禁じる州法が施行されました。この新法は同時に、医師を始め医療機関まで女性を乗せた運転手も含めて、妊娠した女性の中絶手術に協力した人を無関係の一般市民が訴えることを認めるものであるため、大きな議論を呼んでいます。

アメリカでは人工中絶に反対する"pro-life"派と女性の権利と選択を尊重する"pro-choice"派という立場に分かれて文字通り国を二分する激しい論争となります。当然このような論戦の延長上に仏教はこの問題についてどのような立場なのか、と考える人は少なくありません。

ひとつはっきりと言えることは、仏 教における戒律やルールは自らを律 するものであって、他の人をその教え を使って攻撃したり批判したりするも のではない、ということです。教えを利 用して自身の正当性を主張して相手 を傷つける、その姿を厳しく諌めるの が仏教であると言えます。

お釈迦様が定めた戒律の中で最も重要なものの一つは「不殺生戒」です。命を奪ってはならないというこの教えに照らせば、人工中絶はした。な奪う行為と受け止められるでした。けれども、この不殺生戒が私たちに教えているのは単に命を奪うことによってしか生きなの命を奪うことによってしか生きを教えるのがこの戒律のもう一つのはたらきだと思うのです。不殺生戒を厳密に守ろうとするほど、完全に守ることがいかに不可能なことであるかに

気付かされます。あらゆるものに命の 尊さを見る仏教においては、牛や鳥、 魚をはじめ、野菜などの植物、私たち が歩く土の下に生きる虫たち、その全 てが命です。もし徹底して他の命を 奪うことをやめようとすれば、私たち は食べることも歩くことも、息をする こともできなくなってしまいます。そし て最終的には自らの命を奪うことに なるのです。人工中絶だけが命を奪 う行為ではなく、私たち全ての生は 実は命を奪うという事実の上に成り 立っているということを不殺生戒は 私たちの教えてくれているのではない でしょうか。そしてその事実に痛みを 感じる時、多くの命に支えられて生か されているという事実の有り難さに 同時に気づくことができるのです。仏 教徒として願われているのは、中絶の 選択をしなければならなかった人を 不殺生戒を破った者として糾弾する のではなく、ともに命を奪う生を生き る者として、痛みに耳を傾け、命の尊 さに目覚める道をともに歩んでいく ということではないかと思うのです。

また先日のディスカッションクラスで「"pro-life"という言葉を単に中絶反対の意見を正当化するための言葉に矮小化することは問題だと思う。"life"とは命の他に人生や生活という意味もある。だから中絶という選択をしなければならなかった女性の命や人生、生活をも大切にするということが本当の意味で命を尊重する"pro-life"の立場ではないか。」という意見が聞かれました。とても大切な視点だと思います。

中絶という選択を気軽に、もしくは気楽に選択する女性はおそらくいないと思います。中絶についての議論はまずそのことに目を向けて、そこから始めることが大切ではないでしょうか。また中絶という選択をする人たちを取り巻く環境やそこに至るまでの経緯などはそれぞれです。だからこそ仏教は一概に善悪で中絶

という行為を判断することはしません。その選択に至るまでの心の苦しみを慮りその声を聞いていくのが仏教であると考えます。

「あなたの人生はあなたにしか歩 めません」これが仏教が繰り返し説 く私たちの事実です。これは自分の 行動を「あの人がそう言ったから」と いう理由で決めるのではなく、自分 で考え選び取ることが大切であると いうことです。その意味では仏教とは 仏様の言うことに盲目的に従うこと を勧めている教えではありません。た だし、自らが選んだ道は必ずしも正し いとは限りません。怒りやその場の感 情に任せての行動もします。また一生 懸命やったのにそれが間違いだった ということもありますし、思いもしなか った結果を生むこともあります。そう いうとき私たちはその行動をなかっ たことにしようとしたり、周りのせいに しようとします。しかし、自ら考えて選 択するということは、そういう甘えが 許されないということです。仏教にお けるpro-choiceとは、自ら考え選択 する自由と、選びとった行為とそれに 伴う結果を引き受けて、一生それとと もに生きていくという責任のことでは

(「Pro-/4頁に続く)

お寺ニュース

法話会祥月法要

10月の祥月法要は10月14日 (木)、11月の祥月法要は11月4日 (木)にお勤めします。いずれも午後7 時よりオンラインにてお勤めいたしま す。

報恩講法要(英語)

本年度の報恩講法要は昨年に引き続きオンラインにてお勤めいたします。 日時は11月21日(日)午後4時となっております。ご家族でご参加いただきますようお願い申し上げます。 East San Gabriel Valley Japanese Community Center, Inc.

West Covina Buddhist Temple 1203 W. Puente Avenue, West Covina, CA 91790 P.O. Box 1616, West Covina, CA 91793 NON-PROFIT ORG. U.S. POSTAGE PAID Permit No. 38 Covina, CA 91722

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THE WEST COVINA BUDDHIST TEMPLE

*GATEWAY

October-November 2021 - - Vol. LVI No. 5

October

3 10:00 am Sunday Service-online

7 10:00 am Discussion Class-online

10 8:30 am Board Meeting-online

10 10:00 am Shotsuki Service-online

12 6:00 pm Study Class-online

14 10:00 am Discussion Class-online

14 7:00 pm Howakai Japanese Service-online

17 10:00 am Sunday Service-online

21 10:00 am Study Class-online

24 10:00 am Sunday Service-online

26 6:00 pm Study Class-online

28 10:00 am Discussion Class-online

31 10:00 am Sunday Service-online

November

4 7:00 pm Howakai Japanese Service-online

7 8:30 am Board Meeting-online

7 10:00 am Shotsuki Service-online

9 6:00 pm Study Class-online

11 10:00 am Discussion Class-online

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2021年10月行事予定

3日 午前10時 日曜礼拝ーオンライン

10日 午前8時半 理事会ーオンライン

10日 午前10時 祥月法要ーオンライン

14日 午後7時 法話会ーオンライン

17日 午前10時 日曜礼拝ーオンライン

24日 午前10時 日曜礼拝ーオンライン

31日 午前10時 日曜礼拝ーオンライン

11月行事予定

4日 午後7時 法話会ーオンライン

7日 午前8時半理事会ーオンライン

7日 午前 10 時 祥月法要ーオンライン

*Emailをお使いの方はメールアドレスをお寺までお知らせください。(wcbt.livingdharma@gmail.com)

オンラインでの日曜礼拝のご案内、最新の情報をお 送りいたします。

この日光、この雲のない青空があり、 生きてこれを眺めることのできる限り、 私は不幸ではない

アンネ・フランク