## THE WEST COVINA BUDDHIST TEMPLE & GATEWAAY &



The WCBT Sangha gathered to give a warm welcome to Rev. Miyoshi's parents who came over from Japan in late August.

## Śākyamuni Buddha as "An Awakened One"

Rev. Nobuko Miyoshi

spent with members of Howakai group truly energized him.

On Sunday after the Shotsuki Service, a welcome luncheon was held for my parents. Tables were full of delicious dishes brought by members. A potluck party was not familiar to them so they were so surprised and took many pictures.

What impressed my parents the most, was an abundance of positive energy our members had. My mother kept saying, "They have such bright smiles!" This is exactly how I felt the first time I met with the West Covina members.

Ever since I became interested in Jodo Shinshu and becoming a minister, my parents have been more than parents. They have been my teachers and Dharma friends with whom I have been able to share my thoughts. I have especially learned much from my mother during our conversations. Her thoughts and perspectives about teachings of Buddhism and Jodo Shinshu have always inspired me and have given me eye-opening experiences. Such an occasion happened recently while she was preparing for her Dharma

Please see BUDDHA, con't on page 2

Temple Event Highlights: •Oct. 4 Akimatsuri •Oct. 5 Shotsuki Service •Nov. 2 Kiku Craft Fair •Nov. 9 Shotsuki Service •Nov. 16 Hoonko Service •Please See Temple News

As we begin our regular Sunday services after the unusually hot summer break, I have many fun and memorable moments from my parents visited from Toyama, Japan around Labor Day. Bill and I drove them up to Berkeley, Napa and Mountain View. When we returned they had an opportunity to meet members of WCBT.

They attended both the Japanese Howakai service on Thursday and English Shotsuki Service on Sunday. At the Howakai service, they were welcomed with warm smiles and afterwards with delicious homemade Japanese dishes. For some reason, Mr. Oda and my father, immediately got along with each other and they enjoyed talking, even as my mother gave her Dharma message. My mother and I could see that my father had a good time and the time he

#### T H E G A T E W A Y

#### DHARMA SCHOOL NEWS

After the very hot weather that we've had, I hope the start of fall will bring us cooler temperatures! I'm sure that all the school age children are hard at work in their classes. It's an exciting time of the year.

The Dharma School teachers are also busily preparing for a new academic year. We have decided to use "The Life of the Buddha" as our theme. We will explore the important events in the Buddha's life with stories, projects, songs, and audiovisuals.

It is our goal to put together a portfolio of the children's works that will be given to them at the end of the year. In the portfolio will be a timeline of the important events in the Buddha's life with the older children's illustrations decorating it.

We teachers encourage families with school age children to come to the Dharma School classes as often as you can. We think that your children will have a valuable and fun experience. We look forward to seeing you!!

#### Gassho, Claire Hansen





*BUDDHA, con't from pg.* 1 message. She introduced me to a new perspective on Śākyamuni Buddha.

We all know Śākyamuni Buddha as an awakened one and we have some image of him. Our image of the Buddha is usually the one who has attained enlightenment. However, we hardly think of what it really means.

The wisdom that Buddhism teaches us is to use the eye to see everything as it is. It also works as a mirror reflecting ourselves as one who is unable to see things as they really are. Whenever we see things and people, our judgments are based on our preferences and biases. Our perspectives are always distorted by them. However, we do not realize it and insist that 'my way' is 'the right way.' The suffering and frustration we struggle with derive from conflicts of 'our right way.' We are unable to see things or people as they really are.

Śākyamuni Buddha awakened to the wisdom and lived in accordance with it and reveals to us where our suffering comes from. In this sense, he was not divine or superman, but the one who saw things and people as they really were.

Previously my image of Śākyamuni Buddha was that I set 'things and people' outside of him. It was because I thought that attaining enlightenment made him perfect. However, my mother suggested that attaining enlightenment does not necessarily mean becoming perfect. Rather, receiving the

#### **Fall Ohigan Service**

On Sunday evening, Oct.14, WCBT celebrated its Fall Ohigan. To the delight of the sangha, it felt like Old Home week when Rev. Fred Brenion, our guest speaker, gave the Ohigan dharma talk. Rev. Fred has been our online communications point man for a number of years, keeping us all informed on the up-coming activities and goings on at our temple, but we rarely get to see him since he received his ordination. There were big hugs and smiles as friends surrounded him to welcome him home.

eye of wisdom enabled him to accept his imperfection as it was and learn from it. The eye of wisdom should also see within him.

Moreover, if he became perfect, Śākyamuni Buddha no longer needs to learn. However, Buddhism always encourages us to continuously learn in our lives. That is why the life as a Buddhist is expressed as walking on the path of teachings. And Śākyamuni Buddha manifests how Buddhists live their lives. In this sense, the journey of teaching should be the journey of learning for him.

Through his journey of teaching, Śākyamuni Buddha must have encountered countless numbers of people. Some might face challenges and hardships that he never imagined. By encountering people, then, he also faced his issues and challenges. That was how he was able to relate to all other people. Seeing people as they are means respecting them as his buddhas who made him realize his issues and gave opportunities to learn more and helped him to walk on the path of teachings.

It was not until I talked with my mother that I saw Śākyamuni Buddha as the one who ceaselessly learned and kept walking on the path of teachings.

My parents safely arrived home and my life is back to normal. We live far away from each other, yet, I feel their diligence and enthusiasm stimulate me all the time.



Page 3 HE G E  $\mathcal{W}$  $\gamma$ A Т Μ Р Ν W S

#### Akimatsuri

The ESGVICC Akimatsuri will be on Saturday, October 4, from 12:00-8:00 PM and WCBT will be in charge of the Teriyaki Barbecue. Sign-up sheet will be out for your signatures at upcoming services so please find a time when you can help.

We'd like to see everyone come out and support the Temple and the Center.

#### Halloween

Our annual Halloween party will follow the Sunday Service on October 26. There will be fun and games and prizes so get in the Halloween spirit and come dressed in your favorite costumes. There will be refreshments for everyone so join us in the fun!

#### The Study Class

The Study Class will meet on October 14 and 28 at 10:00 AM. Discussions will continue to focus on the Shoshinge. The class meets on the second and fourth Tuesday of every month. For more information, please contact Rev. Miyoshi at (626) 689-1040.

#### Kiku Crafts & Food Fair

WCBT will sponsor our 5th Annual Kiku Crafts & Food Fair on Sunday, November 2. from 10 AM–3 PM at ESGVJCC. Asian inspired crafts, clothing, jewelry, giftware, unique wood items and lots of delicious food will be offered. Each vendor will be handling their own sales and not all take credit cards so come prepared. WCBT members are welcome to shop early from 9:30 AM. For more information or if you can help, please contact Hisako Koga 909-626-6131 or hskoga@gmail.com.

#### November Shotsuki Service & **Board Meeting**

November Board Meeting will be held on November 9 at 8:30 AM followed by the Shotsuki Service at 10 AM.

#### Ho-onko Service

Our Ho-onko Service (a memorial service for Shinran Shonin) will be held on Sunday, November 16 at 4:30pm. Please join us as we welcome our special speaker and stay for the complimentary Otoki dinner that will follow the service. 

### **RECIPES FROM THE SANGHA**

It is a well known fact that WCBT has good cooks. Our potluck spreads are a feast for both the eyes and the palate. So in keeping with our desire to share with the sangha, Gateway will, from time to time, print recipes from our potlock otoki which are requested by our sangha members. The following recipe is from Haruko Mayeda who made this wonderful salad for the potluck luncheon to welcome Rev. Miyoshi's parents.

#### Haruko's Chinese Pasta Salad

- 6 cups Rotelle pasta cooked and cooled (about | box) 1/4 cup sesame seeds
  - 1/2 cup salad oil
  - 1/3 cup soy sauce
  - 1/3 cup white wine vinegar
  - 3 Tablespoon sugar

1/2 teaspoon salt <sup>1</sup>/<sub>4</sub> teaspoon pepper 3 cups cold shredded chicken 8 cups spinach <sup>1</sup>/<sub>2</sub> cup chopped parsley <sup>1</sup>/<sub>2</sub> cup diced green onion

In a small frying pan combine sesame seeds and ¼ cup oil; stir until seeds are golden about 2 minutes.

Let cool, stir in remaining oil, soy sauce, vinegar, sugar, salt/pepper. Pour over cooked pasta, add chicken, toss gently, cover and chill 2 hours. To serve: add parsley, green onion, and spinach and toss gently.

#### GATEWAY Staff

Layout & Editing: Rev. Nobuko Miyoshi, Hisako Koga, Claudia Haraguchi Contributors: Rev. Fred Brenion, Claire Hansen, Merry Jitosho, Joanie Martinez Circulation: Joy Kitaura West Covina Buddhist Temple Mission Statement: In the spirit of universal brotherhood, West Covina Buddhist Temple provides the opportunity for all to listen to and share the Teachings of the Buddha in order that we may awaken to our true selves, living our lives fully and dynamically. The Temple's mailing address is: West Covina Buddhist Temple P. O. Box 1616 West Covina, CA 91793 (626) 689-1040 Website: www.livingdharma.org Facebook: facebook.com/westcovinabuddhisttemple *E-Mail:* dharma@livingdharma.org



#### OCTOBER

Ethan Ezaki, Kelly Yamashita, Traci Takemura, Glenn Nakatani. Diane Hata. Jane Earley, Kimio Earley, Miyo Takahashi, Erik Akuna, Melissa Kozono, Lauren Yanase

Quote of the Month In the end, it's not going to matter how many breaths you took, but how many moments took your breath away - Shing Xiong



#### THE GATEWAY

## Remembering Arne...

WCBT lost a long time sangha member with the passing of Arne Hansen. Although he was not one who regularly attended our weekly Sunday services, Arne worked tirelessly behind the scenes. He was part of the sangha who, like the large wooden pillar that supports and keeps a temple from falling over, worked quietly and diligently to help the temple do the things it needed to do.

He was a craftsman who made new mallets and repaired the old ones for pounding mochi for New Years every year. Arne built beautiful wooden lanterns as well as other wood products such as writing desks, tables, chairs, cabinets and beautiful, intricately designed trivets. Many of these items he donated regularly to raffle off at our 3 times a year Oldies dances which helped raise funds. At Obon he replaced and labeled the yagura (obon festival tower) so that the workers would have an easier time putting together the tower around which we all danced. When the holder for the sutra

chanting gong broke, the first person the temple called was Arne to repair and paint it to make it new again. Arne was asked to design and build the cabinet for our *onaijin* (altar) which we open every Sunday for service. The list is endless. Arne was a Sangha member who always thought of helping others first before himself. He left us much too early. He will be missed. WCBT sends our condolences to Claire, and the entire family.



## Honzan Officials Visit WCBT

On August 26, three administrators from our Kyoto Honzan came to visit WCBT. Bishop Taijo Tomita (CFO), Rev. Tetsushi Fujita (Supervisor of Dept. of Organizational Affairs), and Rev. Makoto Mine (Head of International Office) stopped by at WCBT on their way to a meeting at Newport Buddhist Temple. Since Rev. Miyoshi was on vacation in Japan, Bishop Ito and Rev. Osa asked Johnny & Joanie Martinez if they could be present to welcome them. The onaijin (altar) was opened for them and they offered incense. Bishop Ito and Rev. Osa explained a little of WCBT's *mezurashii* (unique) history, and Bishop



Tomita (it was his first visit to the USA) asked questions regarding our active membership. Bishop Ito explained that unlike most other Buddhist temples in America that were started by the Issei (first generation Japanese immigrants), WCBT was formed by Nisei (second generation)immigrants. Rev. Osa explained how our membership is more diverse in race and ethnicity than other temples. Johnny commented even though our temple was started by Nisei, they still had the wishes and dreams of their Issei parents in mind. Johnny also said that though the ocean separates us from those in Kyoto, we are still learning the same Dharma, that brings us together as one. Bishop Tomita remarked how WCBT really seems to be a model here for our Higashi temples in America. On behalf of the Honzan, they presented us with a donation.



## WCBT Welcomes the Revs. Miyoshi





Clockwise from top-left: Fun at the Getty posing as their favorite painting; Revs. Nobuko and Etsuko Miyoshi give the Dharma talk at the Shotsuki Service; Rev. Akira Miyoshi and Glenn Fujimoto enjoy a friendly chat at the welcome luncheon; Rev. Nobuko with her "okusan" aka Merry, the Miyoshi family enjoys a cool refreshment; and the Howakai members turn out to welcome the Miyoshi family at their Shotsuki Service.









October 2014

#### **Buddhism Quiz**

This is October's 2014's "How well you know your Buddhism." We hope it will be interesting and informative for our readers.

#### **Difficulty Level: Moderate**

1. When Shinran was 29 years old he met Honen Shonin. The encounter was life changing for Shinran. At the time Honen was teaching

- a. The Nembutsu (the Recitation of the Name of Amida Buddha)
- b. The Contemplative Sutra
- c. The Larger Sutra

2. Due to the immense popularity of Honen and his teachings, in 1207 the government exiled him to Tosa (in Shikoku)

- a. while Shinran was left to wander from town to town to carry on the teachings alone.
- b. while Shinran secluded himself on Mt. Hiei to continue his studies.
- c. and Shinran was exiled to Echigo (present day Niigata) and never met Honen again.

Answers: a, c



 Kiku Crafts & Food Fair

 Sponsored by West Covina Buddhist Temple

 Sunday, November 2, 2014

 10:00 AM - 3:00 PM

 10:00 AM - 3:00 PM

 at ESGVJCC

October 2014



#### T H E G A T E W A Y

釈尊:目覚めた人 <sub>見義信香</sub>

今年の夏は両親が来訪し、ウェ ストコヴィナの皆さんとお会いす ることがかなったうれしい夏とな りました。

法話会の方々と過ごした時間 は、特に父にとっては本当に楽 しい時間だったようです。ホテ ルに戻ってからも興奮冷めやらぬ 雰囲気だった、と翌日母から聞き ました。2週間近い滞在の中での 手作りの日本食の味も格別だった ようです。

日曜日は祥月法要の後、歓迎昼 食会を開いていただきました。持 ち寄りスタイルのパーティはそう いえば日本ではあまり馴染みがあ りません。テーブルに溢れんばか りに並ぶ料理に驚き、写真を何枚 も撮っていました。

料理もさることながら、両親は メンバーの活気とエネルギーに感 動していました。母の「皆さん、 本当に笑顔が輝いているね」とい う言葉がその感動を表しているよ うに感じます。

両親と会うときのなによりの楽 しみは、いろいろな話ができると いうことです。私にとっては両親 であると同時に、尊敬する存在で あり、同じ真宗の教えを喜ぶ同朋 であります。特に母は私が今まで 考えもしなかったような新しい視 点をいつも開いてくれます。まさ に目から鱗が落ちるような経験が 毎回あるのです。

今回母は「釈尊が目覚めた人で あるということは、どういうこと なのか」という問いから出発して 釈尊という人を見直すということ の大切さを教えてくれました。

私たちは「釈尊は覚りを得た人

である」ということを自明のこと としています。逆に言うと「覚り を得るということはどういう人生 を歩むことなのか」ということを ほとんど考えたことがなかったの ではないでしょうか。

覚りを得た人のイメージはどこ か完成された人のイメージと重な ります。あるいは覚りを得ていな い私たちとはかけ離れた人、とい うイメージもあるかもしれませ ん。私たちはそうしたぼんやり としたイメージで何となく仏と しての釈尊を理解しているよう な気持ちになってはいなかった でしょうか。

私たちは自分の都合や思い、好 き嫌いを基準にして物事や人、そ して自分自身を見ていきます。そ れは物事や相手のありのままを見 ることができないということを意 味しています。それが様々な衝突 や苦しみを生み出している元であ るということを教えてくれるのが 仏教の教えであります。そして仏 とはその教えを身をもって私たち に示してくれる人なのです。その ように考えた時、仏とはそうした 私たちの間違いに目覚め、物事を ありのままに見ることのできる人 と言えるのではないでしょうか。 目覚めた人である釈尊は、神でも なければ超人的な存在でもありま せん。物事をありのままに見通す ことで、好き嫌いですべてを判断 していく私たちの間違いや苦しみ を教えてくれているのです。

私は今までその「物事」を釈尊 の外に置いて考えていました。完 成された人として釈尊を見ていた からです。しかし、ありのままを 見通す目というのは、自らにも 向けられていたのではないか、 というのが母から教えられた視 点でした。

生きるということは人と出遇う

ということです。釈尊のご生涯は 出遇いの人生であったと思いま す。人との関わりの中を生きる 時、様々な問題や課題に直面しま す。自分が抱えている問題をごま かすことなく引き受けることがで きる、それが目覚めた人の具体的 な姿ではないでしょうか。そして そうした問題を教えてくれた人を 敬い、その人から学んでいける人 と言えるのではないでしょうか。 目覚めた人としての釈尊が、完成 された存在ではなく人との関わり の中で常に学び続け、歩み続ける ことのできる人として初めて見え てきました。

思えば仏教とはとどまるということを嫌う教えです。自分はもうこれで十分学んだ、完璧だという思いをもつと、私たちはその場とどまってしまい、学びも歩みにとどまってします。生きているならび、歩み続けることを私たちに促すのが仏教の教えであるならば、仏である釈尊の生涯のしょう。釈尊を「完成された人」と見る時、その歩みを私たちは見逃してしまっていたのではないでしょうか。



#### 基金募集 オールディーズ・ダンス

秋の基金募集オールディーズ・ ダンスは、9月28日(土)午 後8時より開催されます。どな たでも歓迎致します。お気軽に ご参加下さい。



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East San Gabriel Valley Japanese Community Center, Inc.

West Covina Buddhist Temple 1203 W. Puente Avenue, West Covina, CA 91790 P.O. Box 1616, West Covina, CA 91793

#### **RETURN SERVICE REQUESTED**

DATED MATERIAL

## THE WEST COVINA BUDDHIST TEMPLE

# Cotober 2014 - - VOLLIX NO.10

#### **October**

- 2 7:30 pm Howakai Japanese Service
- 4 12-8 pm Akimatsuri
- 5 8:30 am Board Meeting
- 5 10:00 am Shotsuki Service
- 12 10:00 am Sunday Service
- 14 10:00 am Study Class
- 19 10:00 am Sunday Service
- 26 10:00 am Sunday Service/Halloween Party
- 28 10:00 am Study Class

#### November

- 2 10am-3pm Kiku Craft Fair
- 2 10:00 am Sunday Service
- 6 7:30 pm Howakai Hoonko Service
- 9 8:30 am Board Meeting
- 9 10:00 am Shotsuki Service
- 11 10:00 am Study Class
- 16 4:30 pm Hoonko Service
- 23 10:00 am Sunday Service

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2014年10月行事予定

法話会	午後7時半	2日
法話会	午後7時半	2日

- 4日 正午-8時 センター秋祭り
- 5日 午前8時半 理事会
- 5日 午前10時 祥月法要
- 12日 午前10時 日曜礼拝
- 19日 午前10時 日曜礼拝
- 26日 午前10時 日曜礼拝
  - ハロウィーンパーティ
- 11月行事予定
  - 2日午前10時-午後3時 菊クラフトフェア
  - 2日午前10時日曜礼拝
  - 6日午後7時半法話会
  - 9日午前8時半理事会
  - 9日 午前 10 時 祥月法要

