



GATEWAY



March 2014 - - Vol. XLVIII No. 3

The Way to Know Our Everyday Life

Rev. Nobuko Miyoshi

The West Covina Family Retreat was held at San Luis Obispo Buddhist Temple from Friday, February 14 to Sunday, February 16. Thirty people attended and for some of them it was their first retreat. I was one of them and it gave me a great opportunity to get to know our Sangha members.

The temple is surrounded by breathtaking natural beauty. We savored the morning mist, the fresh air, and the sound of birds singing. It was definitely worth the four hour drive. Leaving our busy lives, we were able to devote ourselves to listening to lectures and learning about Buddhism.

It is a wonderful opportunity that we are able to take a break from our daily life to learn about Buddhism. However, we know that Shinran Shonin was unable to listen to the teachings apart from his daily life. Shinran Shonin was the one who left the monastery on the mountain and tried to find the way to encounter the teaching in the midst of his everyday life.

Does leaving the hustle bustle of Los Angeles to attend a retreat at a peaceful setting sound like a way to learn Buddhism? What is the real meaning for us to have the retreat in this way?

The most important benefit of this retreat was to help us see more clearly how we live our daily life. We are

Please see THE WAY, con't on page 2



The 2014 San Luis Obispo Family Retreat: "The Golden Chain"

The Golden Chain of Life

Stephanie Jitosh

Every year, I look forward to traveling to San Luis Obispo for our annual family retreat. These retreats are always thought provoking and inspiring. I have grown up with most of these members who make the 4-hour trip and feel fortunate to be able to get to know them a little more each year in SLO. This year was even more exciting with the return of Dr. Metcalf, a new outing to Montana de Oro and new young faces. Since moving to the Antelope Valley, I often feel disconnected from WCBT, as if my time at West Covina was in a different life. However, when I come to the retreat and I am with my temple family, it feels like I have come home again.

Seeing and listening to Dr. Metcalf brought back some bittersweet emotions. The first year that we restarted these retreats, he was our speaker. That was also the only year my dad attended the retreat because

Please see THE GOLDEN, con't on page 4

STARTING AGAIN

MICHEAL JITOSHO

Starting Again by Michael Jitosh
As a Dharma school student I used to wonder why we always went to San Luis Obispo year after year and did not go to any other location for our annual family retreat. The people in attendance, the meals and the outing while they sometimes varied, the program has always been at the same S.L.O. for the past several years.

Many long time Sangha members, including myself, have grown up reciting the same Golden Chain for years to the point that when recited it comes out like butter, nice and smooth. With the changes made to the Golden Chain a few years ago, reciting it becomes a little more challenging. Reciting it is not as smooth as before in its new form without being mindful of what we are saying. For example, one of the changes we talked about during the weekend was the last line. In the previous version it read, "and may we

Please see STARTING, con't on page 5

Temple Event Highlights:

- Mar. 16, Spring Ohigan
- Mar. 22, Oldies Dance
- Mar.29, Cherry Blossom Fest.
- Apr. 6, Hanamatsuri
- Apr. 6, LACBF Hanamatsuri
- Please See Temple News



T H E G A T E W A Y

DHARMA SCHOOL NEWS

The Dharma school students, teachers, and parents visited a retirement home to help celebrate Valentine's Day with the residents of the home. The colorful valentines that the students and teachers designed and made brightened the holiday for the residents.

With beautiful weather and a wonderful program that Mrs. Pat Sato and TCS organized, families experienced a great time at the San Luis Obispo retreat. Many thanks to Dr. Metcalf for being the guest speaker!

The blooming of trees and longer days means that Ohigan is "around the corner". Hope to see all of you at our Spring Ohigan service on March 16!

With Gassho,
Claire Hansen



Quote of the Month

We don't worry about the future. We worry about the present, because we know that if in the present moment we do our best, that is more than enough. That is all we can do for the future.

-Thich Nhat Hanh

Dharma School Visitation



THE WAY, con't from pg. 1

easily swayed by our busy schedule and only focus on how to manage it. We look back at the past or worry about the future, and keep losing the present moment and forget what we have. This brings us stress and dissatisfaction, yet we do not even realize where it comes from. Worst yet we are unable to see our problems when we are in the middle of our daily life.

Master T'an-luan, one of seven masters, said, "The cicada knows no spring or autumn, so how can it know the season of the red sun? Only one who knows the seasons can speak of summer." If we only live in our daily life, we cannot know what life is.

This also reminds me of my experience about Japan, my home country. I realize that I can see more clearly the beauty and issues of Japan, once I moved to United States. They were very much part of my everyday life, yet they went unnoticed while I lived in Japan for all those years.

The retreat takes us out of a daily life and gives us opportunities to think about how we are supposed to live our life. During the retreat, we enjoyed what we were doing each moment

and appreciated everything around us. At the same time, we were aware that we lose or forget those feelings of appreciation in our daily life. Bringing us to awareness is the foremost benefit we can receive from the retreat.

It is almost impossible to maintain appreciation and joy for living each moment after we go back to our busy life. However, now that we know what we lose in our everyday life, that awareness moves us to listen to the teachings more.

In closing, I would like to express my appreciation to Pat Sato and members of the TCS committee for planning and preparing the retreat. I would also like to thank Dr. Franz Metcalf for his thought provoking lectures. I am deeply grateful to Hisako and Dick Koga and the kitchen crews for their delicious meals. Thanks to Merry Jitosh, Frank Tanji, and Joanie Martinez for the great time we had at the evening activities. And of course, many thanks to all those who joined the retreat to make it very successful retreat. And lastly, I would like to thank the San Luis Obispo Temple and Rev. Naomi Nakano for the kind hospitality and the use of their beautiful facilities.



T H E G A T E W A Y

T E M P L E N E W S

The Study Class

The Study Class will meet on March 11 and 25 at 10:00 AM. Discussions will continue to focus on the Shoshinge. The class meets on the second and fourth Tuesday of every month. For more information, please contact Rev. Miyoshi at (213) 219-6140.

Spring Ohigan Service

Spring Ohigan will be observed on March 16 at 4:30 PM. Rev. Nobuko Miyoshi will be our speaker. Please join us for this special service and stay for the complimentary otoki dinner following the service.

Oldies Dance XLVII

"Dancin' and a Revvin' at Oldies XLVII!" will be held on Saturday, March 22. It's our 47th Oldies with Steve Kikuchi & High Resolution providing favorite hits from the 60's, 70's and 80's. The dance begins at 8:00 PM and will end at 12:00 AM with lots of dancing and fun in between. Presale tickets are \$15 or \$18 at the door. For info and song requests, call Joanie at (626) 300-8947 or Lillian at (626) 780-9866

Your Toban chairs will contact you about work shifts and assignments. Plan to come by the center about 6 PM to help with the set-up. Donations are welcome for raffle prizes and drinks. Sign-up sheets for drinks will be at the Sunday service.

Special Dharma Message

There's always a special reason to come to WCBT and on Sunday, March 23, there will be a special story just for the Dharma School children. Please bring your Dharma School age children on this day and remember that these stories are equally meaningful for adults as well. The Dharma is for everyone!

Cherry Blossom Festival

The West Covina Cherry Blossom Festival will be on Saturday, March 29, from 12:00 noon to 6:00 PM and will be

held at South Hills Plaza, on the corner of Azusa Ave & Aroma Dr, more commonly known as the Marukai shopping center. The Temple will be selling delicious chicken teriyaki as a fundraiser. Work schedule sheets will be available for sign-up at the services or contact Merry Jitoshō at (714) 271-3803 for more information. Keep that day open and come out to support the Temple and the Center.

WCBT Hanamatsuri

West Covina's Hanamatsuri Service will be held on Sunday, April 6, at 10:00 AM. Everyone is invited to arrive early with flowers to decorate the *Hanamido*. There will be a special performance by the Dharma school children and light refreshments will be served after the service. We invite you to come and join us to celebrate the Buddha's birthday!

LABTF Hanamatsuri

The Federation Hanamatsuri Service and will be held on the April 6 beginning at 1:00 PM at the Betsuin in downtown LA. Everyone is encouraged to attend the LABTF service after WCBT Hanamatsuri Service.

April Shotsuki Service

Please remember that the April Shotsuki Service will be held on April 13 since Hanamatsuri will be celebrated on the first Sunday.



GATEWAY Staff

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West Covina Buddhist Temple Mission Statement:
 In the spirit of universal brotherhood, West Covina Buddhist Temple provides the opportunity for all to listen to and share the Teachings of the Buddha in order that we may awaken to our true selves, living our lives fully and dynamically.
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MARCH

Brandon Kawaguchi,
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 Karolyn Fujimoto, Joy
 Kitaura, Steve Takemoto,
 Kelley Sakoda, Frank
 Konno, Kathy Masai,
 Bob Yamashita, Danny
 Iwama, Lee Ezaki, Karen
 Ezaki, Clare Hansen, Dick
 Koga, Leo Kowalski, Ken
 Kawawata, Miki Fukusumi,
 Tamara Teregawa, Alisa
 Arnheim, Dana Yamada



T H E G A T E W A Y

THE GOLDEN, con't from pg. 1
 he passed away shortly after that weekend. The following year when we returned to SLO to hear Dr. Metcalf again, I heard his lectures through different ears. I was able to internalize his words in a different way than I would have previously. Now we are back years later and I listen to him yet again through different ears. Each time I see him, my conditions have changed so I hear his lectures with an altered mindset. I am able to relate his talks to my situation at the time to hopefully improve my life.

Dr. Metcalf's lectures about the Golden Chain helped me understand and realize the changes in the wording that were made some years ago. That doesn't mean that I can recite it without reverting to the former version, but I'm trying. I have a better understanding of the changes that were made. These changes have made the Golden Chain more inclusive of all living things, bring about more intention on the side

of the Sangha and Bodhisattva, put more focus on other's happiness rather than your own, and hope for the true awakening of all people rather than being at rest in peace.

When we recite the Golden Chain and try to incorporate it in our daily lives, we are all connected by the Golden Chain. When this happens, the chain is essentially alive and full of energy because of the people who are practicing it. By integrating the Golden Chain into our lives along with the other Buddhist teachings that we hear every week, we will be able to embrace life and live in the present moment as we continue to strive for true awakening.

Dr. Metcalf turned the tables on us on Sunday morning as he challenged us to dissect and expand the meaning of the 5 Precepts (a concept that might be next year's theme for Dharma School *hint hint*). It is easy to take these Precepts at face value: I vow not to harm through Killing,

Stealing, Sex, Lying, and Drinking. However, when we broke off into small groups to discuss these Precepts and really examine what they mean, we were able to come up with a collective understanding of them. We based our interpretations on the 5 Mindfulness Practices as (1) Reverence for Life, (2) True Happiness, (3) True Love, (4) Loving Speech and Deep Listening, and (5) Nourishment and Healing. Rather than just simply telling us this is what some people have said about the 5 Precepts, he allowed us to talk about their meanings, which made it more relevant and applicable to us. Bravo, Dr. Metcalf!

Coming back to the retreat year after year gives us the opportunity to take a step out of our hectic daily routines to reflect on our lives. We are reminded to be mindful and aware of ourselves and others as we continue to incorporate the Dharma into our way of life.



From top left: Rev. Miyoshi rings the morning bell, Dr. Metcalf's lecture, youth group game table, Dr. Franz Metcalf and retreat participants listening to the Dharma.





T H E G A T E W A Y

STARTING, con't from pg. 1

all attain perfect peace." In the most current version it now reads, "and may we gain true awakening." This encounter with change, although it does not come without the excruciating pain and agony of jump starting our long term memory storage noggins to adapt to the new version, it also comes with a golden opportunity to once again learn the Golden Chain. Now we must once again learn the Golden Chain. Not only learn how to recite it but also to be mindful of new Golden Chain and its new meaning.

During the course of the 2014 family retreat Dr. Metcalf dove into the verbiage of each versions of the Golden Chain and gave us his thoughts on what the changes mean to us today. On the lengthy drive back home I asked myself if changes can be made to our practice as Jodo Shinshu Buddhists, then what are we practicing and why are we practicing it? I concluded that making changes for the sake of jiving with impermanence was simply not what the new authors were going for in making the most recent changes to the Golden Chain. Rather the focus is on the Sangha and what our practice

means in this moment. Always and forever considering what our words mean and not just reciting the Golden Chain and other texts as nicely and smoothly as we may be able to is essential. Just reciting text as a ritual just to recite it and get it over with would not give our practice any meaning at all.

Reverend Miyoshi also made this point of blind awareness with her analogy of the summer loving insect, the cicada. One would think these creatures that are active exclusively during the summer would know everything there is to know about summer but when in fact know nothing at all. Without contrast we are unable to see things as they truly are or in the cicada's case that the four seasons even exist. I have also experienced this during my internship abroad in Japan. I am able to appreciate my nationality as an American because I was able to see it from a different part of the world and through the eyes of my Japanese heritage roots.

Biologically we continue to evolve; consciously our ideas are always shifting the more and more of life we live. As the courageous Hisako Koga put it during her kanwa, "change is stimulating". Change allow us to see what is

from what was. This is also true each time we listen to the Buddha's teachings. Reverend Kawawata, like all ministers, always encourages us to continue to listen to the Buddha's Teachings. In doing so we continue to learn and grow just like an architect building a roofless brick storehouse. One brick at a time, layer upon layer is added. The storehouse is never complete. As long as he has the ability to receive bricks from the brick maker he keeps building. The architect does not wish to add a roof to complete the storehouse because as an architect building is all he knows. By completing the storehouse with a roof would mean he would no longer be an architect so he keeps building and sharing bricks with other architects.

It is the inner working of the Dharma that allows us to find and receive the Teachings even if it is in the form of those epiphanies on the long car rides home. We must continue to ask ourselves how are we practicing. Listen and question, listen and question, listen and question. On this path we will always, as Rev. Miyoshi puts it "start again" and "may we gain true awakening". Namu Amida Butsu



Left: Magnificent coastline of Montana de Oro State Park, Above: What are the Three Amigos, aka Bishop Ito, Rev. Osa and Rev. Miyoshi, looking at so intently? Can you guess who is standing in the distance?



T H E G A T E W A Y

MORE RETREAT PICTURES



From top: Some adventurous participants walk along the tidepools, Rev. Miyoshi coaches Frank Tanji how to hit the gong during the Shoshin-ge which was lead by Michelle Harrison, Joshua Gutierrez helps Rev. Miyoshi select kanwa speakers and the Sangha does Obon dances to the music of Michael Jackson.





T H E G A T E W A Y

Farewell to Rev. Peter Hata

On January 26, 2014, the West Covina Buddhist Temple Sangha bid farewell to Rev Peter Hata and his wife Diane because he has been re-assigned to the Betsuin in downtown Los Angeles. Rev. Peter was a long time Sangha member and for several years was involved in the Minister's Assistant program. With hard work, training, education, and dedication he became an ordained Buddhist minister in 2012. Later that year he was chosen by the West Covina Buddhist Temple Board of Directors to become our resident minister.

Rev. Peter's leadership has brought about many improvements to the Temple. He created the Temple's Living Dharma website to take advantage of the then growing Internet technology to make more people aware of our Temple and the Dharma teachings it has to offer. Being the editor of the Temple newsletter, The Gateway, he spent countless hours writing articles



and answering E-mails about Buddhism. Rev. Peter also created the Facebook account at [facebook.com/westcovinabuddhisttemple](https://www.facebook.com/westcovinabuddhisttemple). Also during his busy schedule, he had time to form two youth bands, the Lotus Band, and the Bodhi Tree Band and the choir group,

the Dharma Tones. One of his last endeavors was to form a young adult Buddhist group.

Many thanks to Merry Jitosh and Karen Ezaki and all the Sangha members in Toban B for producing the farewell program and providing the luncheon buffet. Thank you also to the speakers who expressed their thoughts and feelings about Rev. Peter, including Rev. Fred Brenion, Anthony Gutierrez, and Don Frack and to the former Lotus Band members who could not attend, but sent e-mails of gratitude and congratulations.

To Rev. Peter and Diane, the Sangha will miss you and your leadership. We wish you and Diane the best and a successful and rewarding experience at the Betsuin.

WCBT Welcomes Rev. Miyoshi

On February 2, 2014 our Sangha gathered in the ESGVJCC social hall for a "Meet and Greet" with the newest member of our West Covina Buddhist Temple family, Rev. Nobuko Miyoshi. Brightly decorated with vases of spring flowers, elegant white cloth covered tables were heavily laden with fresh fruit, many kinds of finger foods, mini sliders and sandwiches, sushi, delicious sweets, and pretty containers of cold drinks prepared by Toban C, under



the capable leadership of both Merry Jitosh and Karen Ezaki. Toban B's members and their extended family, as well as all the sangha members who helped out with putting together this reception for Rev. Miyoshi outdid themselves in setting a beautiful and delicious buffet. Merry also organized fun icebreaker games that certainly helped make Rev. Miyoshi feel welcomed.



The warm reception our Sangha offered to our new Sensei was received humbly, graciously, and with a happy smile. If this is any indication, we can predict the beginning of a long and happy relationship between our West

Covina Sangha and our new Sensei Miyoshi.

West Covina also hopes that sometime in the near future our Sangha will be able to say "Hello" to Rinban

Briones, Rev. Miyoshi's husband. No stranger to WCBT, Rinban Briones has been a popular guest speaker at our temple in the past.

In the meanwhile, Welcome to West Covina Buddhist Temple, Rev. Miyoshi!



T H E G A T E W A Y





T H E G A T E W A Y

West Covina Buddhist Temple presents

A Dancin' and A Revvin' @ Oldies XLVII (47)!

Saturday, March 22, 2014

Same ol' same ol' for the rest, but remember it is from 8 to midnite

 At the ESGV Japanese Community Center

 Tickets: **\$15 presale**, \$18 at the door

 Music by High Resolution

 Drinks available, must be 21 or over

 Dressy Casual

 For tickets and/or information



Call or Text:

Joanie: **(626)300-8947**

Lillian: **(626)780-9866**

or email: **wfescrow@aol.com**



Irwindale Ave	WCBT/ESGVJCC 1203 West Puente Ave West Covina 	Vincent Ave
Sunset Ave	West Puente Ave San Bernardino (10) Freeway	
map not to scale	West Covina Fashion Plaza 	

WCBT/ESGVJCC is located about a mile north of the West Covina Fashion Mall. Parking in rear of buildings.

NO HEELS on the dance floor unless ballroom dance shoes.



T H E G A T E W A Y

WEST COVINA
HIGASHI HONGANJI
BUDDHIST TEMPLE

February 19, 2014

Dear Members and Friends,

The West Covina Buddhist Temple and its Board of Directors cordially invites you to attend the Spring Ohigan Service which will be held on Sunday, March 16, 2014. The schedule for the service is as follows:

Date: Sunday, March 16, 2014

Time: 4:30 P.M.

Dharma Message: Rev. Nobuko Miyoshi

We will be serving Otoki dinner immediately following the service.

Higan, meaning the Other Shore (of enlightenment), is a service is conducted on or about the vernal and autumnal equinoxes. At these times of the year, we endeavor to strengthen our commitment of the Buddhist life.

門信徒の皆様へ

春を感じる今日このごろ皆様にはお元気でお過ごしのことと存じます。さて春のお彼岸法要を下記の如くお勤め致しますのでご案内申し上げます。お彼岸は古く聖徳太子の時代より行われてきた伝統ある法要です。私ども先達はこの機会を仏様の教えを聞く良き機会としてまいりました。ご家族で一緒にお参り下さい。

記

春のお彼岸法要

日 時 2012年3月16日 午後4時半

場 所 日系コミュニティセンター

法 話 見義信香

*法要後当番の皆様によるお齋がございます。

合 掌

Nobuko Miyoshi, Minister
開教使 見義信香

John Martinez, President
理事長 マルチネズ ジョン



T H E G A T E W A Y

日常生活を知る 見義信香

去る2月14日から16日にかけて、サン・ルイス・オビスポ仏教会を会場とした家族リトリートに初めて参加させていただきました。

朝霧や鳥のさえずり、緑の鮮やかさやきらめく海面、都市の喧噪を離れて時間そのものがゆっくりと流れているようでした。そうした恵まれた環境の中で、講義やディスカッションにじっくりと身を据え、充実した時間を過ごすことができました。

さて、親鸞聖人は日常の生活の中で仏法に出会う道を選ばれた方です。浄土真宗は人里離れた山に籠って聞く教えではない、ということは皆さんもよく聞かれていますかと思えます。しかし、今回のような家族リトリートの大きな目的の一つは、多忙な日常生活から離れることにあることも事実です。このことに矛盾を感じる方もいらっしゃるかもしれません。

「日常の生活」といいますが、実は私たちがその中にどっぷりと身を浸している時、それがどのような生活なのかが分からなくなっているということがあってはいませんか。多忙な生活では目の前のことをこなし、時間をなんとかやりくりすることに終始します。なにを本当に大切にしなければならないのかを考える時間すら失っているのが私たちの毎日ではないでしょうか。日常生活の中で私たちは実はその生

活が見えなくなってしまうのです。

曇鸞大師は「夏にしか生きられない蝉は春や秋を知らない。だから夏とはなんなのかということも実は知ることができないのだ」とおっしゃっています。

それはちょうど、私が日本を離れて初めて日本の色々な姿が見えてきたのに似ています。日本にいるときには気付かなかったこと、当たり前にしてきたことが、日本を離れて初めてはつきりとしてきました。

日常生活を離れることが、実は日常生活を知るということなのかもしれません。今回のリトリートでは人とのふれあいや会話の温かさ、今いただいているものの素晴らしさ、そして「今」に集中することが本当に満足する生活をもたらしてくれることを教えてくださいました。それは、実はどれもが普段の生活で忘れてしまっているか、気に留めずに脇に追いやっていることといえるでしょう。リトリートを心から楽しむ時、同時に私たちは普段の生活で失っているものの大きさに気付くのです。そのとき初めて、私たちの「日常の生活」の姿がはつきりと見えてくるのではないのでしょうか。その目覚めが私たちを聞法の歩みに向かわせる一歩になるのではないかと思います。



お寺ニュース

日本語春のお彼岸法要

日本語春のお彼岸法要は3月法話会、祥月法要を兼ねて3月6日午後7時半よりお勤め致します。

また英語春のお彼岸法要は3月16日午後4時半よりお勤めいたします。法話は見義が担当いたします。英語法要にもご家族でお参りください。



センター桜まつり

今年のセンターの桜祭りは3月29日(日)に開催されます。今年は会場を South Hills Plaza(1420 S. Azusa Ave.)に移して開催されます。お寺は例年同様、この桜祭りに照り焼きチキンとお寿司をもって参加致します。この行事をもって寺の基金募集並びに地元への宣伝も兼ねて行うことができると思います。つきましては皆様にお寿司の協力をお願い申し上げます。巻寿司でもお稲荷さんどちらでも結構です。当日朝午前11時半までにお寺に届けていただければ幸いです。ご協力お願い申し上げます。

East San Gabriel Valley
Japanese Community Center, Inc.

West Covina Buddhist Temple
1203 W. Puente Avenue, West Covina, CA 91790
P.O. Box 1616, West Covina, CA 91793

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DATED MATERIAL

THE WEST COVINA BUDDHIST TEMPLE



GATEWAY



January 2014 - - Vol. XLVIII No. 1

March

- 2 8:30 am Board Mtg
- 2 10:00 am Shotsuki Service
- 6 7:30 pm Howakai Japanese Service
- 9 10:00 am Sunday Service
- 11 10:00 am Study Class
- 16 4:30 pm Spring Ohigan Service
- 22 8:00 pm Oldies Dance
- 23 10:00 am Sunday Service
- 25 10:00 am Study Class
- 29 12:00 pm ESGVJCC Cherry Blossom Festival
- 30 10:00 am Sunday Service

April

- 3 7:30 pm Howakai Japanese Service
- 6 8:30 am Board Mtg.
- 6 10:00 am Hanamatsuri Service
- 6 1:00 pm LABTF Hanamatsuri @ Betsuin
- 8 10:00 am Study Class
- 13 10:00 am Shotsuki Service
- 20 10:00 am Sunday Service
- 22 10:00 am Study Class
- 27 10:00 am Sunday Service

3月行事予定

- 2日 午前8時半 理事会
- 2日 午前10時 祥月法要
- 6日 午後7時半 法話会/春のお彼岸法要
- 9日 午前10時 日曜礼拝
- 16日 午後4時半 春のお彼岸法要 (英語)
- 22日 午後8時 ダンス基金募集
- 23日 午前10時 日曜礼拝
- 29日 正午 センター桜まつり
- 30日 午前10時 日曜礼拝

4月行事予定

- 3日 午後7時半 法話会
- 6日 午前8時半 理事会
- 6日 午前10時 花まつり法要
- 6日 午後1時 仏連花まつり

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気に入らん人がおったら、
こっちに自我があるということを
証明してくれる仏さんである

米沢英雄『本願はいのちなり』